



Gift Cards are greatly appreciated so we can buy specific items as they are needed for women and children. We are happy to accept regular donations of fresh fruit and vegetables as well as non-perishable food items.

Unfortunately we can no longer accept donations of used household items and clothing. The shelter is limited in storage space and these donations can no longer be managed. Used clothing, bedding, toys, and household items also present a number of health and hygiene restrictions.

Please contact donations@rowanhouseonline.org for further information.

Urgent Needs	Shelter Needs	Gift Cards
New Track Pants New Pajamas New Underwear and Socks New Women's Clothing Make-Up Stereo/CD Player Baby Monitors Lamps Mop Bucket New Pots and Pans Baking Dishes	Meat: Chicken, Beef, Pork Chocolates Candies Bread & Buns Paper Towels Toilet Paper Disinfectant Wipes Dishwasher Detergent Frozen Juice	Wal-Mart Sobey's No Frills Canadian Tire Fas Gas Esso Okotoks Recreational Centre Movies Entertainment Calgary Zoo Play Centers Local Attractions Local Restaurants Haircuts Massage Manicure/Pedicure